



# WONCA ILOILO

ASIA PACIFIC REGIONAL CONFERENCE 2026

in conjunction with the PAFP 65<sup>th</sup> Anniversary  
and Annual Convention (March 23-24, 2026)

March  
25 to 27,  
2026

Iloilo Convention  
Center, Iloilo City,  
Philippines



## Hospice and Palliative Care: Practical Skills in Dignity-Conserving End-of-Life Care

**HEALING BEYOND CURE: FAMILY PHYSICIANS AND THE WHOLE PERSON APPROACH TO  
END-OF-LIFE CARE (Practical Skills For Family Physicians In Dignity-Conserving End-Of-Life  
Care)**

### I. OBJECTIVES:

#### **LECTURE 1: There is always hope: The Essence of Spiritual Care**

By the end of this session, participants will be able to:

1. Describe the benefits of spiritual care in enhancing patient hope, resilience, and well-being across different stages of illness.
2. Integrate strategies of spiritual presence, active listening, and compassionate communication into patient encounters in primary care and end-of-life contexts.
3. Evaluate opportunities for collaboration with chaplains, spiritual leaders, and interdisciplinary team members to address patients' spiritual needs while respecting cultural and religious diversity.

#### **LECTURE 2: Upholding Dignity in Final Moments: Advance Care Planning, Ethical Issues, and Culturally Sensitive Approaches to Dying**

By the end of this session, participants will be able to:

1. Explain the principles of advance care planning and their role in promoting patient autonomy and dignity at the end of life.
2. Analyze common ethical challenges encountered in end-of-life decision-making, including withholding or withdrawing treatment, and apply appropriate frameworks for resolution.
3. Demonstrate culturally sensitive approach that respect patients' values, beliefs, and traditions while facilitating compassionate end-of-life care.

#### **LECTURE 3: Delicate Disclosure: Delivering Difficult News**

**WORKSHOP: Communication Skills for Serious Illness Conversations** (1 case per group, 10 participants/group, 5 groups)

By the end of this session, participants will be able to:

1. Reflect on the biopsychosocial dimensions of disclosing serious news to patients and families
2. Apply structured communication frameworks (e.g., SPIKES, 3Ws) to real-life clinical scenarios in order to disclose serious news with clarity and compassion
3. Demonstrate empathy and professionalism when navigating patient and family reactions, fostering trust and supporting shared decision-making

